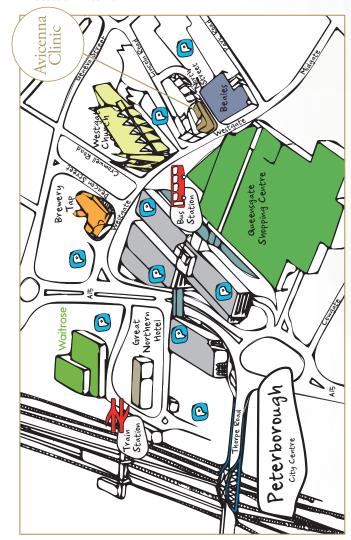
If you have any questions you want to ask, you can use this space below to remind you.

#### How to find Avicenna Clinic

We are located in the heart of Peterborough City Centre at:

1 North Street, Peterborough, PE1 2RA, adjacent to the Queensgate Shopping Centre entrance on Westgate, and Beales on the corner of North Street and Westgate. Plenty of parking is available near to the clinic and Peterborough train station and bus stations are just a short walk away.

Our opening times are between 9am to 6pm, Monday to Saturday (except bank holidays). Please contact us on 0330 2020597. You can find us online at www.avicennaclinic.com or on Twitter: AVClinic; or Facebook: Avicenna



If you have a visual impairment this leaflet can be made available in bigger print or on audiotape. If you require either of these options please contact the Patient Information Centre on **03302020597** 

# Avicenna Clinic

### HAVING AN ULTRASOUND GUIDED PAIN RELIEF INJECTION

We have received a request from your doctor for you to have an ultrasound guided pain relief injection.

This leaflet is designed to give you some information about the procedure, to help you prepare for your examination and to give you some idea of what to expect when you attend.

## What is an Ultrasound guided pain relief injection?

This procedure uses ultrasound to direct an injection of pain relief in the area affected by pain.

#### What does the examination involve?

You will be asked to lie on the ultrasound couch and expose the area of interest. Ultrasound gel will be applied to the skin and the ultrasound probe will be used to identify the best route for the pain relief injection. The Radiologist will then inject into the area identified.

The area of pain relief injection will be cleaned before the procedure.

The ultrasound gel will then be wiped off

the skin. The area is covered by a small dressing.

### Your questions answered:

#### How long does it take?

Once you are in the room the examination will take at least 20-30 minutes, sometimes longer depending on the area to be examined.

#### What happens if I am on medication?

Please contact your referring doctor if you are unsure about medication you are taking.

#### Aftercare?

You will be required to stay within the ultrasound department for 15- 20 minutes after the procedure to ensure that no reaction occurs.

### Should I bring somebody with me?

You will not be able to drive following the procedure so it is advised you bring someone with you to transport you home.

**Please note:** we have a limited waiting area, so if you bring more than one person they may not be able to sit with you.

#### When do I get the results?

Yes, if you have no further tests scheduled for the same day – please check first.

#### When will you get the results?

The results will be available from the referring doctor within 1- 2 weeks.

#### How can you help us?

If you are unable to attend for whatever reason, please inform the department so that your appointment can be offered to another patient.

If you are admitted into hospital please inform the ward staff of this appointment.

If you are worried about anything, contact your GP or call the Clinic on **03302020597**.